Subject: Chat with Karen Lancaster
From: Karen Lancaster <lancaster.karen@gmail.com>
To: barriticus@gmail.com

Karen: How are we today?
me: good
Karen: What are we eating?
me: granola cereal, the thai stuff
Karen: Oh, the shrimp and pasta?
me: yep
Karen: Good, glad to hear it!
Karen: Watching the news, they have completely shut down subway system in NYC.